



RADAR *A Domestic Violence Intervention For Healthcare Providers*

- R** Routinely Screen Female Patients
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- D** Document Your Findings
- A** Assess Patient Safety
- R** Refer to Local Domestic Violence Hotline

Routinely Screen Female Patients

Although many women who are victims of domestic violence will not volunteer any information, they will discuss it if asked simple, direct questions in a nonjudgmental way and in a confidential setting.

ALWAYS INTERVIEW THE PATIENT ALONE.

Ask Direct Questions

"Because violence is so common in many women's lives, I've begun to ask about it routinely."

- "Are you in a relationship in which you have been physically hurt or threatened?" If no, "Have you ever been?"
- "Have you ever been hit, kicked or punched, choked or restrained by your partner?"
- "Do you feel safe at home?"
- "I notice you have a number of bruises; did someone do this to you?"

If the patient answers YES

Encourage her to talk about it – "Would you like to talk about what has happened to you?" "How do you feel about it?" "What would you like to do about this?"

Listen nonjudgmentally – This serves both to begin the healing process for the woman and to give you an idea of what kind of referrals she may need.

Validate her experience – "You are not alone." "You do not deserve to be treated this way." "You are not to blame." "Confidential help is available to you."

If the patient answers NO, or will not discuss the topic

Be aware of any clinical signs that may indicate abuse: injury to the head, neck, torso, breasts, abdomen or genitals; bilateral or multiple injuries; delay between onset of injury and seeking treatment; explanation by the patient which is inconsistent with the type of injury; any injury during pregnancy, especially to abdomen or breasts; prior history of trauma; chronic pain symptoms for which no etiology is apparent; psychological distress such as depression, suicidal ideation, anxiety and/or sleep disorders; a partner who seems overly protective or who will not leave the woman's side.

If any of these clinical signs are present, ask more specific questions. Make sure she is alone. "It looks as though someone may have hurt you. Can you tell me how it happened?" "Sometimes when people feel the way you do, it may be because they are being hurt at home. Is this happening to you?" If the patient denies abuse, but you strongly suspect it, document your opinion, and let her know there are resources available to her should she choose to pursue such options in the future. *Make a follow-up appointment to see her.*

Document Your Findings

Record a description of the abuse as she has described it to you. Use statements such as "the patient states she was..." If she gives the specific name of the assailant, use it in your record. "She says her boyfriend John Smith struck her..." Record all pertinent physical findings. Use a body map to supplement the written record. Offer to photograph injuries. When serious injury or sexual abuse is detected, preserve all physical evidence. Document an opinion if the injuries were inconsistent with the patient's explanation.

Assess Patient Safety

Before she leaves the medical setting, find out if she is afraid to go home. Has there been an increase in frequency or severity of violence? Have there been threats of homicide or suicide? Have there been threats to her children? Does the abuser have access to weapons?

Review Options and Refer Her to her Local Domestic Violence Hotline (See Below)

If the patient is in imminent danger, find out if there is someone with whom she can stay safely? Does she need immediate access to safe haven? Offer her the opportunity of a private phone to make a call. Give her the 24-Hour Hotline number to the local domestic violence program. Remember that it may be dangerous for the woman to have this in her possession. Do not insist that she take it. *Make a follow-up appointment to see her.* Do not pressure her to make any decision she is not ready to make. If you are unsure how to proceed, call the local domestic violence hotline yourself for consultation.

DOMESTIC VIOLENCE RESOURCES IN YORK COUNTY, MAINE



POB, 590, Sanford, Maine 04073

Office: (207) 490-3227

Fax: (207) 490-2186

Email: mail@caring-unlimited.org

Web: www.caring-unlimited.org

24-Hour Hotline

1-800-239-7298

IMMEDIATE safety planning and comprehensive support for your patient and/or consultation for you, just a phone call away anytime.

OR

For the number of the domestic violence resources nearest you outside York County, Maine call:



1-800-799-SAFE (7233)

1-800-787-3224 (TTY)