



**12 Hour MCEDV Domestic Violence Training
For Mental Health Professionals
Presented by Caring Unlimited
Online Training**

About this Training:

Curriculum content was developed by the Maine Coalition to End Domestic Violence (MCEDV) to meet the requirement for training for Psychologists, Licensed Clinical Social Workers, and Licensed Clinical Professional Counselors, as described in **L.D. 1238 (126th Legis. 2013)**. The complete curriculum includes 4 3-hour modules.

Module 1 Domestic Abuse: Foundations | 3 hours

Objectives:

Participants will be able to:

1. Define domestic abuse and trauma.
2. Examine the multitude of barriers to safety that batterers create for their partners and family members.
3. Identify the tactics that batterers employ to obtain and maintain power and control over their partners and family members.

Module 2 Domestic Abuse: Addressing the Lasting Impact | 3 hours

Objectives:

Participants will be able to:

1. Discuss the impact of trauma on the brain.
2. Identify several short and long-term health impacts of domestic violence.
3. Describe particular challenges facing survivors of Multi-Abuse Trauma.

Module 3 Domestic Abuse: Intervention Strategies | 3 hours

Objectives:

Participants will be able to:

1. Distinguish between appropriate roles for mental health professionals and those for domestic violence advocates.
2. Identify screening strategies they can use in their practice.
3. Describe basic safety planning strategies, including how to refer to a domestic violence resource center.
4. Define the difference between risk analysis and evidence-based risk assessment.
5. Analyze batterer tactics of control as they relate to seeking professional help.

Module 4 Domestic Abuse: Trauma-Informed and Culturally Competent Responses| 3 hours

Objectives:

Participants will be able to:

1. Identify ways in which trauma impacts survivors of domestic violence.
2. Discuss trauma-informed strategies for working with DV survivors.
3. Describe various aspects of culturally competent services and list culturally-specific domestic violence resources in Maine.